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Professional Readiness Course Outline

Course Description: This course will provide the student with information on the interplay between the professional code of ethics, cultural diversity, clinical supervision and how they aide in shaping the professional addiction counselor. The student will be asked throughout this course to self-examine their values and beliefs as part of forming their professional selves.

Course Objectives:

1. The student will be able to define their roles as an addiction professional.
2. The student will be able to define addiction professional expectations set forth by the Florida Certification Board, HIPAA and other governing bodies.
3. The student will be to identify multiple means of self-improvement and professional growth.
4. The student will be able to define the necessary characteristics and clinical practices of a professional addiction counselor.
5. The student will be able to define, identify, and manage counselor burn-out and recognize the potential harm of counselor burn-out and the connection between stress and burn-out.
6. The student will be able to identify job related stress
7. The student will be able to develop a self-care plan.
8. The student will be able to identify the significant roles self-awareness plays in becoming and maintaining professionalism in addiction counseling.
9. The student will be able to identify the role of clinical supervision in professional and personal growth.
10. The student will be able to recognize the role of the clinical supervisor in ethical and crisis decision making.
11. The student will be able to interpret the FCB code of ethics into daily clinical practice with clients in regards to professional boundaries, limit setting, transference and counter-transference and dual relationships.
12. The student will implement the continual on-going practice of self-exploration and self-awareness in recognition of the importance of counselor values and attitudes impact on treatment.
13. The student will be able to define culture and cultural competence.
14. The student will be able to identify the role of counselor cultural competence in providing meaningful, responsible and pertinent treatment to diverse clients.
15. The student will be able to define “Scope of Practice” and the cultural and ethical implications of practicing outside their scope of practice.
16. The student will be able to define crisis in multiple contexts and implement various crisis intervention plans that match client level of crisis.