



6555 NW 9th Avenue, Ste. 210 | Fort Lauderdale, FL 33309
(954) 771-2934 – Fax (954) 771-2098

Certified Recovery Support Specialist - (75 HOURS)

Practical Living Skills / Social Development, 10 hours

The Practical Living Skills / Social Development portion of the Certified Recovery Support Specialist certification will provide an in-depth look at normal social development post-treatment and the life skills to be learned in treatment to help ensure recovery progresses constructively. The elective class will delve into understanding HIV/AIDS, prevention, testing and infection control. This 10 hour course will be guided by Florida Certification Board (FCB) certification standards.

OBJECTIVES

Upon completion of this course participants will be competent in the following areas:

1. Normal social development patterns after treatment
2. The life skills necessary for recovery success after treatment
3. Relapse prevention techniques and prognosis
4. Understanding on HIV / AIDS, its prevention, infection control and treatment

METHOD OF EVALUATION:

Pass or Fail; Grading:

Below 70 will require the participant to repeat

COURSE OUTLINE:

Social Development

- Life coordination after treatment
- The role of self-help including the 12 steps
- Family and significant other involvement after treatment
- The role of friends and community renewed social development
- Cultural awareness as it relates to social development

Life Skills

- Basic life skills
- Tools to analyze skill level
- Understanding different life skills as they relate to cultural norms
- Adapt based on specific populations (gender, age, disability, ethnicity, sexual orientation)

HIV/AIDS (Elective) and Final Exam

- HIV Overview
- Routes of transmission
- HIV/AIDS prevention
- HIV testing and confidentiality
- Final Exam